

# Strada - Covent Garden

## Sample Menu

### Strada Menu

#### Aperitivi

*Aperol spritz £5.95*  
*aperol liqueur, prosecco and soda on ice.*

*Bellini £6.95*  
*prosecco and peach purée.*

*Lemon spritz £5.95*  
*limoncello, prosecco and limonata on ice.*

*NV prosecco brut £6.95/ £24.95*  
*a lively, crisp prosecco with delicate*  
*flavours and a dry finish.*

#### Bread & Olives

*Large green olives (v) £3.50*

*Bread selection, olive oil & balsamic (v)*  
*£4.25*

*Garlic flatbread (v)*  
*with rosemary £4.95*  
*with mozzarella £5.95*

*Flat bread with tomato sauce & pesto (v)*  
£5.95

*Our chefs hand stretch our flatbreads, then  
oven bake to perfection.*

### **Starters**

*Bruschetta (v) £4.95*  
*garlicky toasted ciabatta, ripe tomatoes,  
basil and extra virgin olive oil*

*Caprese salad (v, g ) £4.75*  
*torn buffalo mozzarella, sliced vine  
tomatoes, fragrant basil and ripe avocado.*

*Chilli & garlic king prawns £7.25*  
*shell-on king prawns fried with chilli,  
parsley, garlic, white wine and served with  
charred ciabatta.*

*Calamari £5.95*  
*fried until crisp and golden, served with  
tartare sauce and lemon.*

*Antipasti*  
*for one £6.95*  
*for two £12.95*  
*prosciutto di parma, salami napoli, speck,  
tomato bruschetta, rocket, buffalo  
mozzarella, artichokes and tapenade.*

*Burrata & prosciutto*

*for two £12.95*  
*creamy, rich mozzarella, prosciutto di parma, rocket, artichokes and charred ciabatta with extra virgin olive oil.*

### **Salads**

*Chargrilled chicken Caesar salad £11.95*  
*grilled, marinated chicken, baby gem, garlicky croutons, crispy pancetta rashers, Grana Padano and Caesar dressing.*

*Spinach, avocado & pancetta salad £9.95*  
*baby spinach, avocado, crispy pancetta rashers, pine nuts, sun-dried tomatoes, Grana Padano and house dressing.*

*Goat's cheese & butter nut squash salad (v, g) £9.95*  
*roasted butternut squash, goat's cheese, spinach, courgette, green beans, sun-dried tomatoes and balsamic dressing.*

*Poached salmon salad (g) £12.95*  
*flaked salmon, rocket, spinach, green beans, tenderstem broccoli, lentils and a lemony herb dressing.*

### **Pasta & Risotto**

*Spinach & ricotta ravioli(v) £9.95*  
*ravioli with spinach and ricotta, served with tomato sauce and pesto.*

*Orecchiette pugliese £11.45*  
*“little ear” pasta with Luganega sausage,*  
*pancetta, tenderstem broccoli and Grana*  
*Padano.*

*Tagliatelle bolognese £10.75*  
*fresh tagliatelle tossed in a rich ragu sauce*  
*with Grana Padano and extra virgin olive*  
*oil.*

*Rigatoni carbonara £11.95*  
*crispy pancetta, peas, black pepper and*  
*lemon in a rich Grana Padano sauce.*

*Seafood linguine £12.95*  
*tender squid, mussels and prawns tossed*  
*through linguine with white wine, chilli and*  
*garlic.*

*Creamy chicken cavatappi £10.95*  
*corkscrew pasta with chicken, mushrooms,*  
*creamy tarragon sauce and salsa verde.*

*Risotto primavera (v, g) £11.75*  
*creamy risotto rice with peas, green & soya*  
*beans, courgette, mint, lemon and Grana*  
*Padano.*

*Seafood risotto £12.95*  
*creamy risotto with squid, mussels, prawns*  
*and finished with chilli, garlic, parsley and*  
*white wine.*

**Pizza**

*All our pizzas are available as half-size  
“pizzettas” served with a house salad.*

*Margherita (v) £7.95  
tomato, mozzarella and basil.*

*Speck £11.75  
tomato, mozzarella, dolcelatte, speck and  
fresh rocket.*

*Rustica £12.95  
tomato, mozzarella, Luganega sausage,  
artichokes, capers, caramelised onions, sun-  
dried tomatoes & oregano.*

*Vesuvio £12.45  
tomato, mozzarella, nduja sausage, spicy  
salami, red & cherry peppers, basil and  
chilli oil.*

*Parma £12.45  
tomato, buffalo mozzarella, prosciutto di  
parma, baby plum tomatoes and rocket.*

*Ham & mushroom £9.95  
tomato, mozzarella, ham, mushrooms, black  
olives and garlic oil.*

*Florentine (vo) £10.95  
bianca base, mozzarella, spinach, egg,  
Grana Padano and garlic oil.*

*Caprino (v) £10.50*

*tomato, mozzarella, aubergine, courgette,  
red pepper and goat's cheese.*

*We use a slow proved dough which gives a  
crisper texture and deeper flavour.*

### **Extra Toppings**

*Veggie £1 each  
aubergines, courgettes, red peppers,  
caramelised onions, black olives,  
mushrooms, artichokes, chillis.*

*Meat & cheese £1.50 each  
Luganega sausage, spicy salami, Nduja  
sausage, prosciutto di parma, speck,  
anchovies, dolcelatte, buffalo mozzarella.*

### **Meat & Fish**

*Rose veal Milanese £14.95  
breaded veal escalope fried until golden  
brown with rosemary potatoes, house salad  
& Grana Padano.*

*Taleggio burger £11.50  
grain fed beef, brioche bun, lettuce, tomato,  
mayo and melting taleggio cheese served  
with fries.*

*Chargrilled chicken & mushrooms £11.95  
chargrilled chicken, creamy mushroom  
sauce, rosemary potatoes and rocket.*

*8oz Sirloin steak £17.95  
with peppercorn sauce and fries  
or with peppery leaves, red onion, tomato &  
balsamic.*

*Pork saltimbocca £13.95  
Norfolk pork fillet with buttery sage and  
prosciutto di parma, served with mashed  
potatoes, green beans and a white wine  
sauce.*

*Salmon & lentils £12.95  
fresh salmon fillet, roasted and served with  
lentils, spinach, green beans, tenderstem  
broccoli, lemon and olive oil.*

*Sea bass (g) £13.95  
fresh sea bass, pan-fried and served on basil  
mashed potatoes, black olives, tomatoes and  
extra virgin olive oil.*

### **Sides**

*Rocket & Grana Padano salad (vo) £3.75*

*Tenderstem broccoli, garlic & chilli (v) £3.75*

*Rosemary potatoes (v) £3.75*

*Green beans (v) £3.25*

*Fries (v) £3.75*

*House salad (v) £3.75*

*Roasted vegetables (v) £3.25*

*Tomato & red onion salad (v) £3.25*

*(v) Suitable for vegetarians*

*(vo) This dish can be made vegetarian*

*(g) No gluten*

## **Children's Menu**

### **Starters**

*Veggie dippers (v)  
carrot and cucumber sticks and baby  
tomatoes with a tomato sauce.*

*Cheesy garlic flatbread (v)*

### **Mains**

*Choose one from the four options below.*

*Create your own pasta*

*Cavatappi pasta or spaghetti pasta with  
your choice of sauce:*

*Tomato (v)*

*Italian tomato and basil sauce.*

*Bolognese*

*minced beef, onion, tomato and herb sauce*

*Pesto (v)*  
*basil pesto sauce.*

*Cotto and peas*  
*creamy cork screw pasta with peas and*  
*cotto ham*

**Create your own pizza**

*A tasty little pizza with our tomato sauce*  
*and mozzarella, with your two favourite*  
*toppings:*

*Mushroom (v)*  
*Ham*  
*Black olives (v)*  
*Shredded chicken*  
*Baby tomatoes (v)*  
*Red peppers (v)*  
*Spicy salame*

**Chicken in crispy crumbs**

*Chicken in crispy crumbs served*  
*with a choice of mixed salad or tomato*  
*spaghetti.*

**Salmone**

*Mini salmon fillet with*  
*broccoli and new potatoes.*

## **Desserts**

*Ice cream (v)*

*a scoop of vanilla or chocolate ice cream*

*Ice lolly (v)*

*choose from apple & mango or apple & strawberry.*

*Nutella pizzetta*

*warm dough topped with melting hazelnut chocolate spread.*

## **Drinks**

*Water*

*Milk*

*Juice*

*choose from orange, apple, cranberry or pomegranate.*

**Menu last updated July 21st 2015**

**Pricing and dishes subject to change.**

**Dishes are representative of the type of food available at the restaurant.**